

DATE:



ADULT CLIENT - INTAKE FORM

CLIENT INFORMATION

Name: _____

Address: _____

Phone: (H) _____ (C) _____

Email: _____ DOB: _____

Employer: _____ Occupation: _____

Do you attend church: Y N If so, where? _____

Would like you like to incorporate faith into our sessions together? Y N

MEDICAL & PERSONAL INFORMATION

Have you been to a counselor before? Y N Counselor's Name: _____

Dates To/From: _____

Reason for Ending Counseling: _____

Are you being seen by a psychiatrist? Y N Psychiatrist's Name: _____

Primary Care Physician: _____ Last Visit: _____

Does any of your immediate family have a history of mental health issues? Y N

Have you been diagnosed with serious medical condition or mental disorders that you would like to discuss in counseling? Y N

Please rate your health: Excellent Good Average Poor

Please list medications that you currently take: _____

DATE :

Circle your relationship status: Single Married Widowed Divorced Separated Remarried

What is your highest level of education? _____

Who referred you to Baton Rouge Counseling Associates? _____

EMERGENCY CONTACT INFORMATION

Name: _____ Phone: _____

Address: _____

Relationship to Self: _____

FAMILY COMPOSITION

Who lives in the same household as you (please include names, ages, & relationship)?

_____	_____
_____	_____
_____	_____

PLEASE ANSWER THE FOLLOWING QUESTIONS

Describe your reason(s) for seeking counseling today: _____

What are three words you would use to describe yourself? _____

How do you handle stress? _____

What would you like to gain from counseling? _____

DATE :

Please circle any of the following that you have experienced in the past 12 months:

- | | | |
|--|---------------------------------------|----------------------|
| Loss of Parent, Family Member, or Close Friend | Outstanding Personal Achievement | Depression |
| Divorce/Break Up | Change in Living Conditions | Irritability |
| Separation | Change in Work Hours | Mood Swings |
| Personal Illness or Injury | Change in Recreational Habits/Friends | Relational Conflict |
| Change in Family Member's Health | Change in Sleeping/Eating Habits | Communication Issues |
| Pregnancy | Problems at School/Work | Identity Issues |
| Sexual Abuse | Legal Problems | Low Self Esteem |
| Physical Abuse | Anxiety | Suicidal Thoughts |
| | | Substance Use/Abuse |

Please include any other important information to you medical social, or emotional history:

DECLARATION OF PRACTICES AND PROCEDURES

I, the responsible party (the undersigned), acknowledge that I/we have read a copy of the "Declaration of Practices and Procedures" issued by the counselor at Baton Rouge Counseling Associates.

Client Signature: _____ Date: _____

Counselor Signature: _____ Date: _____